# Routines-Based Collaborative Goal Matrix

| **Routine** | **Collaborative Goal** (Integrate Participation, Hearing, Vision, Gross Motor, Fine Motor, Communication, Social Emotional, and Conceptual Learning when appropriate) | **Tools/Equipment** | **Intervention Strategies** |
| --- | --- | --- | --- |
| Meal time |  |  |  |
| Medicine/ Medical Care |  |  |  |
| Dressing |  |  |  |
| Diaper/ Toileting |  |  |  |
| Play |  |  |  |
| Family time (singing, cuddling, siblings) |  |  |  |
| Outside time |  |  |  |
| Bath time |  |  |  |
| Early Literacy (books, etc.) |  |  |  |
| Transitions |  |  |  |
| Travel |  |  |  |
| Community |  |  |  |
| Nap/Bedtime/Sleep |  |  |  |
| Other: |  |  |  |

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